



Sound Mind and Body



Volume 2002-3

Newsletter

11 May 2002

A message from Grandmaster Yu (Kwan Jang Nim): = "Valuable Mirror to Enlighten One's Soul"

Dear Yu's Academy Family - "Family education is a must"

7. Nothing brings more happiness than reading and leaning things from a book. Nothing is more important than teaching your children.
8. Without wise parents or siblings, a strict teacher, and faithful friends, you can not be a successful person.
9. Without good parents, teachers, or friends, it is harder to practice ethical, humanitarian lifestyle. Good parents, teachers and friends will help you be successful.

(to be continued)

☆ Academy Schedule

- Promotion Testing: Saturday, May 11.
Next Promotion Testing: Saturday, July 13, 2002.
- Yu's Academy 28th Anniversay: Saturday May 18 at 10 AM invite all members, family, and friends.

☆ Happy Mother's Day

☆ Yu's Academy Window Sticker

Ask Grand Master Yu. It is proud to have in your car.

☆ Summer book reading program:

June, July, August

☆ New Year's Resolutions:

1. "Do not delay today's work for tomorrow"
2. "Attend class consistently"
3. "Do not lose your temper"

☆ Congratulations:

1. All people graduating from Kindergarten through college.
2. 5th Dan Dale Yu graduates from Medical school and has been accepted at UCLA Harver Medical Center's residency program.
3. 2nd Dan Zach Castle finalist for Nationa Merritt Scholarship.
4. 3rd Dan Patricia Nauman, Lonnie Walker, Ben Graham, and Roger Nelson testing for 4th Dan Instructor. Good Luck!
5. All new white belts and new black belts
6. 6th Dan Gisele McGaughy's confirmation in Catholic Church

☆ Please address all Black Belts the proper way; Mr., Mrs., or Miss, and their last name followed by sir or ma'am

☆ Congrautulations to all participants in spring tournaments in Wichita, and Topeka

☆ All students must show your report card for the final quarter. Good Luck!

"Enjoy Your Summer by Reading"

Our Instructors (Sa Bum Nim):

Yuk-Dan (6th Dan) - Gisele Hopkins McGaughy, David Duvall, and Gilbert Stewart

Oh-Dan (5th Dan) - Morgan Jones, Terry Bradshaw, Howard Hirtler, Terrell Bix, Dale Yu, and James Erickson

Sa-Dan (4th Dan) - Charles Sims, Joseph Pauli, Jan Pauli, Michael Fisher, David Bradshaw, Jean Yu, Lee Gilgour, Kristie Hanna, Jon Heitman, Kyle Bowland, Jeremy Barlow, Bill McGaughy, and Tenna (Hopper) Hazen

Vocabulary Lesson:

Grandmaster - Kwan Jang Nim

Attention - Char Ryut Bow - Kyung Ye

Thank You - Kam Sa Hamnida

Instructor (4th Dan and above) - Sa Bum Nim

Assistant Instructor (3rd Dan) - Boo Sa Bum Nim

Ready Position -Choonbi

Back to Ready - Baro

Degree - Dan

Begin - See Jack

Breaking - Kyeok pah

June						
Sun	Mon	Tue	Wed	Thur	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						
July						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

All students: Do not lose your I.D. card. You will need this every time you test. Please renew if your I.D. card expired.