



Sound Mind and Body



Volume 2002-2

Newsletter

9 March 2002

A message from Grandmaster Yu (Kwan Jang Nim): = "Valuable Mirror to Enlighten One's Soul"
Dear Yu's Academy Family - "Family education is a must"

4. If you don't teach your children, they will lack understand, morals and virtue.
5. What parents teaches their children is more valuable than the wealth then the way give to them
6. When parents die, the knowledge and skills they bequeath to their children is more important and valuable than material possessions.

(to be continued)

☆ Academy Schedule

- Promotion Testing: Saturday, March 9.
Next Promotion Testing: Saturday, May 11, 2002.
- Black Belt Meeting: Sunday, March 10 at NOON
- Yu's Academy 28th Anniversay: Saturday May 18 at 10 AM

☆ Yu's Academy Window Sticker

Ask Grand Master Yu. It is proud to have in your car.

☆ Spring Torunament Schedules:

1. Saturday, March 16 - Wichita, KS
2. Saturday, April 27 - Topeka, KS

☆ New Year's Resolutions:

1. "Do not delay today's work for tomorrow"
2. "Attend class consistently"
3. "Do not lose your temper"

☆ Congratulations:

1. 3rd Dan Tenna (Hopper) Hazen testing for 4th Dan Instructor
2. 2nd Dan Zach Castle finalist for National Merritt Scholarship.
3. All new white belts and new black belts

☆

1. All students must show your report card in the school year. Good Luck!

☆

1. Sympathy is extended to 2nd Dan Trevis Schole's father past away
2. Sympathy is extended to 2nd Dan Stephen Fahrung's grandmother past away

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1. Black Belts take a picture for the Album, Sunday March 10 at Noon

"Achieve your Goals in 2002"

Our Instructors (Sa Bum Nim):

Yuk-Dan (6th Dan) - Gisele Hopkins McGaughy, David Duvall, and Gilbert Stewart

Oh-Dan (5th Dan) - Morgan Jones, Terry Bradshaw, Howard Hirtler, Terrell Bix, Dale Yu, and James Erickson

Sa-Dan (4th Dan) - Charles Sims, Joseph Pauli, Jan Pauli, Michael Fisher, David Bradshaw, Jean Yu, Lee Gilgour, Kristie Hanna, Jon Heitman, Kyle Bowland, Jeremy Barlow, and Bill McGaughy

Vocabulary Lesson:

Grandmaster - Kwan Jang Nim	Attention - Char Ryut
Thank You - Kam Sa Hamnida	Bow - Kyung Ye
Instructor (4 th Dan and above) - Sa Bum Nim	
Assistant Instructor (3 rd Dan) - Boo Sa Bum Nim	
Ready Position - Choonbi	Begin - See Jack
Back to Ready - Baro	Breaking - Kyeok pah
Degree - Dan	

March						
Sun	Mon	Tue	Wed	Thur	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						
April						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

All students: Do not lose your I.D. card. You will need this every time you test. Please renew if your I.D. card expired.